



*Elegant Secrets*  
hair and beauty zone

## *Body Sculpting*

### Cavitation & RF

Per area - body only (60 min)

R600

### Laser Lipo & RF

Per area - body only (60 min)

R600

### RF Facial

Face only with a full facial (90 min)

R750

### What is Cavitation?

An ultrasound generated compressions used to destroy adipose cells in localised fat areas. It is a non-invasive treatment popular for individuals requiring body reshaping.

### What is Laser Lipo?

A procedure that allows for the removal of fat cells in localized areas by way of laser-generated heat, produces collagen production and softens adipose fat tissues membranes.

### What is Radio Frequency (RF)?

RF waves penetrate the outer skin layers and deliver heat energy to the muscles and tissues beneath. This heat stimulates collagen production, and that, in turn, triggers tissue contraction and skin tightening. RF is also used for Lymph manipulation, to drain free fat after a Cavitation treatment.



## Cavitation is not suitable for people:

- Who are pregnant or breastfeeding.
- Suffer from epilepsy.
- Who have heart conditions or a pacemaker.
- Have implants.
- Have metal plates or screws in the body.

## RF is not suitable:

- Not suitable to do around the areolas, lips and eyeball.
- Who are pregnant.

## Frequency of treatments

All treatments can be done two to three times a week with one day of rest in between each session.

## Body sculpting plan

- 3-4 Sessions is required to start seeing results.
- Results are measured by CM of loss and will be measured before and after every session.

